

Continuous Glucose Monitoring Devices in Prisons

CGMs

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About the project

Background information

CGM helps manage glucose levels for those with type 1 (and in some cases, type 2) diabetes, by providing information on glucose levels every few minutes to allow for quick intervention and action if they are outside the safe range.

CGM has been available on the NHS 2020. From 2021/22 the funds to enable access to these devices were included in funding allocations for primary care and health and justice services.

CGM devices should be available for detained people using the same access criteria as people in the community.



Aim of the project

CGM device access to be rolled out in secure estates aligning with community and NICE guidelines.

Gain security approval via HMPPS for accessing these in secure estates.

Work with commissioners and providers, outlining individual responsibilities for access and prescribing to patients.



Current progress

Digital permission has been received for the use of

- Dexcom One (soon to be Dexcom One+)
- Freestyle Libre 2 (soon to be Freestyle Libre 2+)
 - These are only Bluetooth enabled – no wifi required
 - Used with handheld readers rather than smartphones

We are now only waiting on approval for use within Long Term High Secure estates.

A guidance documents has been completed outlining the approvals, how the devices work and individual responsibilities. A healthcare pathway has also been drafted ready for dissemination upon final approval to rollout.

Feedback

Patient Feedback

HMP Stoke Heath Feedback

Interview with Joanne Shaw and Susan Watkins



Letter written by a patient using CGM in HMP Stoke Heath

**Current Prisoner using CGM
HMP Stoke Heath**



Next Steps

- Finalise the Policy Guidance document based on all recent feedback from subject matter experts
- Finalise the healthcare guidance document based on the process to follow
- Circulate all documents with formal HMPPS approval to:
 - HJ Chief & Regional Pharmacists
 - HJ Commissioners
 - HMPPS Colleagues