

# Reviewing medicines for people at risk of falls

9 January 2024

The first stop for professional medicines advice

# Outline of today's event

## About the event

Two consultant pharmacists will outline the importance of medication reviews in falls and falls-risk patients, using case studies to illustrate how to undertake these using available guidance and resources.

Falls are common events in older people and can cause injury, pain, distress, loss of confidence, loss of independence and increase mortality. Around 1 in 3 adults over 65 and half of people over 80 years old will have at least one fall a year. As well as the human cost, falls are estimated to cost the NHS more than £2.3 billion per year. Medicines are a common precipitating or contributory factor to falls and medication review can reduce the risk of falls.

## What will be covered:

- The importance of medication in causing falls
- How medication reviews can reduce falls risk
- Information and guidance that can be used in conducting a falls-related medication review

# Today's speakers

**Đula Alićehajić-Bečić**

Consultant Pharmacist Frailty, Wrightington, Wigan and Leigh NHS Foundation Trust

**Heather Smith**

Consultant Pharmacist: Older People, NHS [West Yorkshire Integrated Care Board](#)

# Future events



**Primary care discussions:  
Progressing as a pharmacy professional**

Tuesday 13 February 2024, 1-2pm

## Developing Medication Safety Across The System (MSATS)

Published 15 September 2023 · Last updated 29 September 2023 · [See all updates](#)

Topics: Medication Safety

Medication Safety Across the System (MSATS) provides resources and networking to inspire and equip individuals in promoting the safe use of medicines.

### Contents

[About MSATS](#)

[Medication Safety Activists](#)

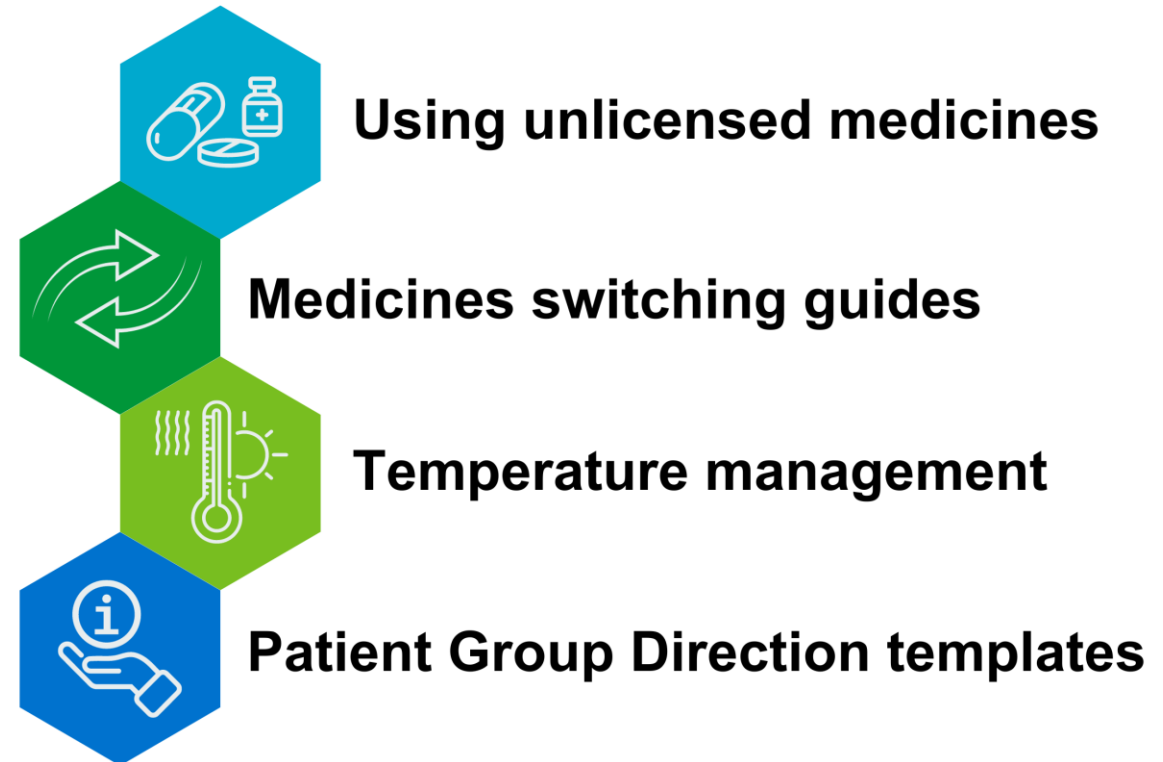
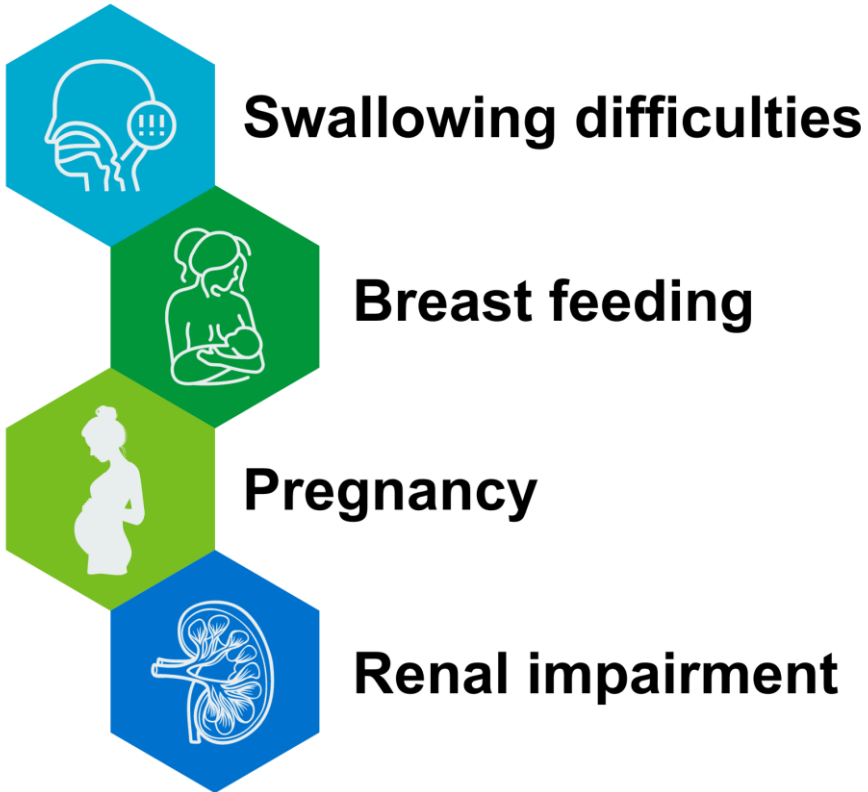
### About MSATS

The 'Medication Safety across the System' (MSATS) series of webinars are interactive sessions aimed at healthcare professionals working in any sector with a role within or passion for medication safety. Each webinar tackles a specific topic and shares related innovative practices. The aim is to encourage similar initiatives across systems.

**Keep an eye out for our next Medication Safety Across the System (MSATS) event which will be on the 28 February 2024**

You can watch our previous webinars by visiting our website and searching 'past events'

# SPS Resources



# SPS Tools



**Medicines  
monitoring**



**Medicines  
supply**



**Medicines in  
compliance  
aids stability**



**Refrigerated  
medicines  
stability**

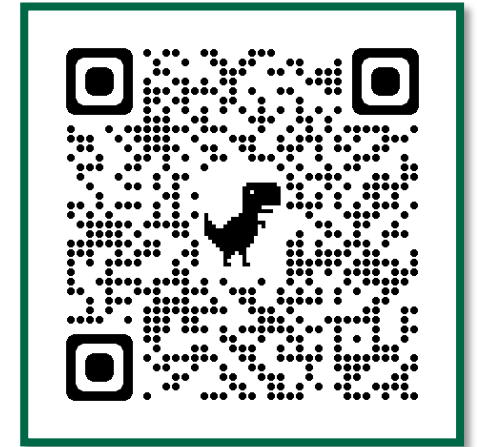
# SPS Podcasts

## Pharmacy technician coffee break conversations

Listen to pharmacy technicians talk about the variety of roles and opportunities for the profession, and the contributions they make to patient care

## Clinical decision making in practice

Experienced pharmacists share stories, learning and reflections of making complex clinical decisions where there are no clear answers to clinical or communication related dilemmas.



# Register with the SPS website today

You can register at [www.sps.nhs.uk](http://www.sps.nhs.uk) and once registered, you can go to the top right hand of the registration page and **'edit your profile'**

Choose your interests and networks including **Medicines Use and Safety Interest**

**Don't forget to tick the box at the bottom of the page to say you would like us to keep in touch.**

You will then receive information and invitations to events run by the MUS Network



Slides will be circulated after the webinar